

BLACKMORES®



Whether you are looking for something to help support eye strain, macula and retina health, blood vessel health or just overall healthy eye function, Optica now has a range of products to suit your vision needs.

OPTICA®

OPTICA®

Eye Health

BLACKMORES®



BM9428853 Lutein-Defence™

45 tablets/bottle

Antioxidant formula that helps support healthy eye function

Blackmores Lutein Defence™ contains the antioxidants lutein and zeaxanthin, neither of which are manufactured by the body and so must be obtained from the diet. Lutein and zeaxanthin both play a role in helping to reduce damage caused by free radicals and filter high-energy blue light in the eye, to support macular health and healthy eye function.



BM9441757 Vision Care + Energy

30 capsules/bottle

Supports eye strain and mental focus in a digital world

Blackmores Vision Care + Energy provides a supportive eye and energy formula for everyday digital device use. With a combination of Lutemax 2020™ (lutein and zeaxanthin), astaxanthin, vitamin C and vitamin B5. Blackmores Vision Care + Energy supports eye strain associated with screen usage, and supports energy levels, mental focus and concentration.



BM9437218 Bilberry Eye Support Advanced

30 tablets/bottle

Helps support eye health and eye strain

Blackmores Bilberry Eye Support Advanced is a high quality, dual action formula combining bilberry to support eye health and grape seed to support eye strain. The retina is rich in blood vessels. Blackmores Bilberry Eye Support Advanced helps to support eye blood vessel health and healthy blood circulation.



BM9426039 Macu-Vision

90 tablets/bottle

Blackmores Macu-Vision® provides nutrients that support eye macula and retina health and healthy vision

The formula is based on the original Age-Related Eye Disease Study (AREDS). It contains vitamin C and E, copper and zinc to support healthy eyesight, including eye health in aging individuals. It's antioxidant properties decrease free radical damage to body cells, including those of the eye.



BM9428098 Lutein Vision Advanced

60 capsules/bottle

Supports eye retina and macula health, and healthy vision

Blackmores Lutein Vision Advanced™ combines omega-3 fatty acids from fish oil with the antioxidants lutein and zeaxanthin to support healthy vision and eye function. Lutein and zeaxanthin support the health of the macula and retina regions of the eye. Fish oil also supports retinal health, and selenium is included to provide additional help reducing free radical damage to the cells of the body.

For details or orders, please contact our freindly customer service on

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